

Aftercare Treatment Instructions To Prevent Infection, Fading or Loss of Colour

Congratulations you got a tattoo! **The most important thing to remember is DON'T FREAK OUT and trust the process** - save your energy for enjoying the tattoo once it's healed.

The First Week

Use a thin layer of ointment 4 times per day. No soap, shampoo, cosmetics or any cleanser on pigmentation site. Before showering apply a coat of ointment to the pigmented area. **DO NOT PICK OR DISTURB THE TATTOO.** It is important that any protective scabs stay on during the healing process. Do not take steam baths, steam facials, or use hot water on your face before the tattoo is healed.

The Next Few Weeks

Avoid direct sunlight for at least 2 weeks. Do not use any exfoliants (scrubs), Retin-A, AHA or any Acid products on your skin for 8 weeks after the final procedure is completed. No sauna, Jacuzzi or swimming in chlorinated pools for at least 2 weeks. Avoid the sun and sun beds for at least 6 weeks. Use SPF products on the treated area(s), it will prevent colour from fading. **DO NOT THROW YOUR AFTERCARE AWAY, YOU WILL NEED IT FOR YOUR NEXT APPOINTMENT.**

Lip Procedure

After the procedure lips will tend to be chapped, dry, swollen and have a burning sensation. Apply ointment at least 4 times per day with clean cotton tipped applicator for a few days. For the first 2-3 days drink only through straws. No kissing. Avoid toothpaste on the lips for the first week after the procedure.

Eyebrow Procedure

You will feel some tightness in the treatment area. You may have a "heavy brow" feeling or a slight headache. Apply ointment 4 times per day with a clean cotton tip for 1 week. Avoid getting makeup on the tattoo as it makes it look dull instead, use our custom-made brow mascara to keep your brows looking fresh and full.

Eyeliner Procedure

Eyelids may be puffy, similar to what you have after a good cry. We utilize a dry heal so no aftercare ointment is required. Avoid direct exposure to water for 1 week. Do not curl your lashes or apply mascara for at least 1 week. When you resume using mascara, use a new tube.

Healing

It is normal for approx. 25% - 40% of the pigment to slough off during the first 5 – 10 days of the healing process. Although the area appears to be healed it will not be fully healed for 4 weeks.

Advice & Caution

Excessive swelling – Although rare, excessive swelling or allergic reaction may occur. If excessive swelling occurs, you should consult your doctor. If any allergic reaction causes difficulty breathing and/or swelling, call 911 or go to the Emergency room immediately.

Touch-up

Touch-up will be required after the first procedure. One (1) additional touch-up will be performed at no charge within 2 months of the initial appointment.

Paramedical and Camouflage Tattoos

In addition to the specific aftercare instructions provided by your artist you should apply Cicaplast to the area twice per day and you are clear to shower and clean the area after 24 hours, do not swim or use sunscreen for 1 week. Always avoid direct sun exposure.

3D Nipple Tattoo Aftercare

Tegaderm bandage: Leave this bandage on for 5-7 days then remove in the shower. The tattoo should appear mostly healed however; it won't be fully healed for 4 weeks. You can moisturize the tattoo if it is feeling dry.

Tefla bandage: You will need gauze and your healing ointment at home in order to change the dressing every 8 hours for the first 2 days. It is best to use a non-adherent type of gauze dressing and ointment on the tattoo. For the first day, the tattoo will bleed or ooze a mixture of ink and blood. The colour of the tattoo will appear to be quite dark. Do not panic, this is completely normal. You will need to care for the tattoo for several days. During this period, the ink and blood will scab off, and the true colour of the tattoo will be revealed. The tattoo will mature over the course of several weeks. If you find the colour is too light, you can always have more pigment added.



Precision Anti Aging Microneedling

The First Day

Hyaluronic acid will be provided for use following microneedling. Apply a small layer with clean fingertips to relieve discomfort as needed for up to 6 hours following your treatment.

Following the 6 hour period use only tepid water for the initial 24 hours to rinse the treated area followed by a simple moisturizer (for sensitive skin). Always make sure that your hands are clean when touching the treated area.

The First Week

If desired, after 24 hours, use a gentle cleanser to cleanse the face for the following 72 hours and gently dry the treated skin. Continue to use moisturizer for at least 72 hours and as needed to ensure comfort beyond 72 hours. Always make sure that your hands are clean when touching the treated area.

Avoid direct sun exposure for 3 days following the procedure.

If desired you may utilize makeup and sunscreen the morning following your treatment.

What to Expect

When you leave your appointment, your skin may be flushed or bright red, as if you have spent the entire day out in the sun and have a mild to moderate sunburn.

The redness that you experience from microneedling will mostly fade within 48 hours. Other symptoms, such as peeling and breakouts, might take slightly longer to resolve.

Most of the visible recovery from microneedling happens in the first day or two after treatment, but healing will still be happening under the surface of your skin for up to 2 months afterward.

Swelling is often typical up to 48 hours after the procedure. Flaking or peeling after microneedling is also relatively common.

Other side effects, like bumps, breakouts, and dry skin, may also occur after microneedling. But not everyone will experience them.

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That's right, now that you have the perfect brows, lips or eyeliner you can access our preferred pricing for colour boosts for up to 3 years. And guess what? Every time you have a colour boost the 3 year savings period resets! See our website under Preferred Pricing for all the details.

Oh yes, we'll also text you each year to remind you that you're approaching your anniversary. If you don't need a colour boost don't worry about it - we'll text you at your next anniversary to ensure you don't miss out on these prices.

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